



Bloomsbury

April 2018
Breakfast Menu

Get a Healthy Start to Your Day with **Grab & Go** School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

NUTRITION NEWS:

Eat the Colors of the Rainbow Week

Did you know that by eating a variety of colorful fruits and vegetables you are able to get a variety of different vitamins and minerals? Each vitamin and mineral gives you a special "superpower" or benefit! For example, that orange pigment in carrots and sweet potatoes otherwise known as beta-carotene aids in keeping good eye health and vision. This April, challenge yourself to eat a variety of different colored fruits & vegetables...your body will thank you later!

Student Breakfast

\$1.75

Adult Breakfast

\$2.15

Reduced Breakfast

\$0.30

Monday	Tuesday	Wednesday	Thursday	Friday
2 School Closed	3 Assorted Cereal with Graham Crackers Assorted Fruit 100% Juice Milk Selection	4 Assorted Cereal with Graham Crackers Assorted Fruit 100% Juice Milk Selection	5 Assorted Cereal with Graham Crackers Assorted Fruit 100% Juice Milk Selection	6 Assorted Cereal with Graham Crackers Assorted Fruit 100% Juice Milk Selection
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30 Assorted Cereal with Graham Crackers Assorted Fruit 100% Juice Milk Selection				

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MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"