



## Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Student Lunch \$3.00

Reduced Lunch \$0.40

Adult Lunch \$3.50

Maschio's Swap Outs Available Daily

**Muffin Meal** with Mozzarella Cheese Sticks, Veggie Sticks, & Fruit

**Grilled or Crispy Chicken Garden Salad with Dinner Roll**

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Crispy Chicken Sandwich</b> Fresh Veggie Dippers Fresh or Chilled Fruit	2 <b>Home Made French Bread Pizza</b> Vegetable Medley Fresh or Chilled Fruit	3 <b>New Item!</b> <b>Wafflelicious Wednesday</b> <b>Waffles</b> Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit	4 <b>STAR WARS DAY</b> <b>Grilled Cheese and Ham Solo Sandwich</b> Vader Tater Tots Galaxy Swirl Sorbet	5 <b>New Items!</b> <b>CINCO DE MAYO</b> <b>Casola's Pizza</b> Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 <b>China</b> <b>Popcorn Chicken w/ Sweet &amp; Sour Dipping Sauce</b> Broccoli Fresh or Chilled Fruit	9 <b>France</b> <b>French Toast Sticks</b> French Fries Breakfast Sausages Fresh or Chilled Fruit	10 <b>Germany</b> <b>All Beef Frankfurter on a Bun</b> Potato Wedges Applesauce	11 <b>America</b> <b>Cheeseburger on a Bun</b> Assorted Potatoes Home-Style Apple Crisp <b>National BBQ Month</b>	12 <b>Italy</b> <b>Casola's Pizza</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 <b>Chicken Nuggets</b> Dinner Roll Vegetable Medley Fresh or Chilled Fruit	16 <b>Breakfast for Lunch</b> <b>Pancakes</b> Breakfast Sausages Waffle Fries Fresh or Chilled Fruit	17 <b>Lucky Tray Day</b> <b>Chicken Parm on a Bun</b> Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit	18 <b>Turkey Club w/ Turkey Bacon</b> Assorted Potatoes Fresh or Chilled Fruit	19 <b>Casola's Pizza</b> Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 <b>Popcorn Chicken</b> Confetti Rice Steamed Carrots Fresh or Chilled Fruit	23 <b>Pasta w/ Meat Sauce</b> Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	24 <b>Breakfast for Lunch</b> <b>Sausage, Egg &amp; Cheese on a English Muffin</b> Assorted Potatoes Fresh or Chilled Fruit	25 <b>SCOOP-A-BOWL</b> <b>with Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa</b> Tostitos SCOOPS! Tortilla Chips Steamed Corn Fresh or Chilled Fruit	26 <b>Casola's Pizza</b> Freshly Prepared Caesar Salad Fresh or Chilled Fruit
29 <b>Memorial Day</b> <b>School Closed</b> 	30 <b>Sloppy Joe on a Bun</b> Battered French Fries Fresh or Chilled Fruit	31 <b>Hot Dog on a Bun</b> Baked Beans Fresh or Chilled Fruit	<b>Celebrate World Food Week!</b>	



**Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily**

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com) Or Call Maschio's Food Services at: (908) 479-4414

Lunch Tickets are available in the cafeteria:  
5 for \$15.00 / 10 for \$30.00 / 20 for \$60.00

**Please Make Checks Payable To:  
Bloomsbury Elementary School**

**MENU SUBJECT TO CHANGE**



"This institution is an equal opportunity provider"

Check us out on Facebook : [Maschio's Food Services, Inc.](https://www.facebook.com/MaschioFoodServices)